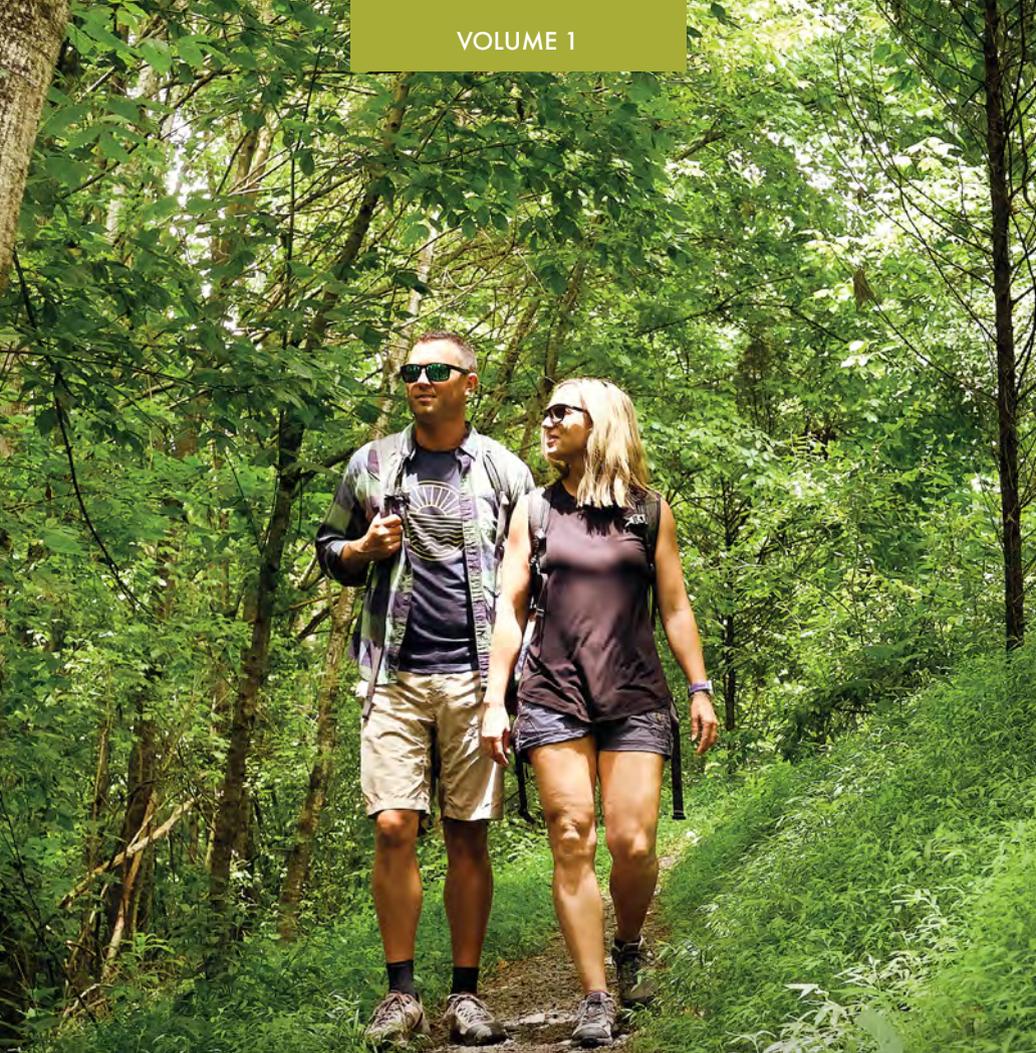


VOLUME 1



Kentucky

TRAIL TOWNS

Where the Outdoors and Amenities Meet



GETTING AWAY FROM IT ALL DOESN'T HAVE TO MEAN BEING IN THE MIDDLE OF NOWHERE.

Kentucky's designated Trail Towns put you near the best outdoor action in the state – including hundreds of miles of trails, woods and waters – but keep you in cities and towns offering hotels, restaurants, attractions, entertainment and other conveniences to round out your stay.

To be a certified Kentucky Trail Town, these popular destinations have made a commitment to share their area's outdoor opportunities, culture, history and stories to visitors hungry for adventure. Since its inception, this program under the state's Tourism, Arts & Heritage Cabinet has designated 20 communities across Kentucky to serve as official gateways to the state's great outdoors.

Here's just a taste of what awaits!

TABLE OF CONTENTS

5 Kentucky Trail Towns Overview

6 Kentucky Trails State Map

8 Explore More of the Outdoors in Kentucky

TRAIL TOWNS

12 Dawson Springs

14 Livingston

16 Morehead

18 Olive Hill

20 London

22 Stearns

24 Elkhorn City

26 Jamestown

28 Manchester

30 Harlan Tri-Cities

32 Berea

34 Columbia

36 Royalton

38 Slade

40 McKee

42 Munfordville

44 Cave City/Horse Cave

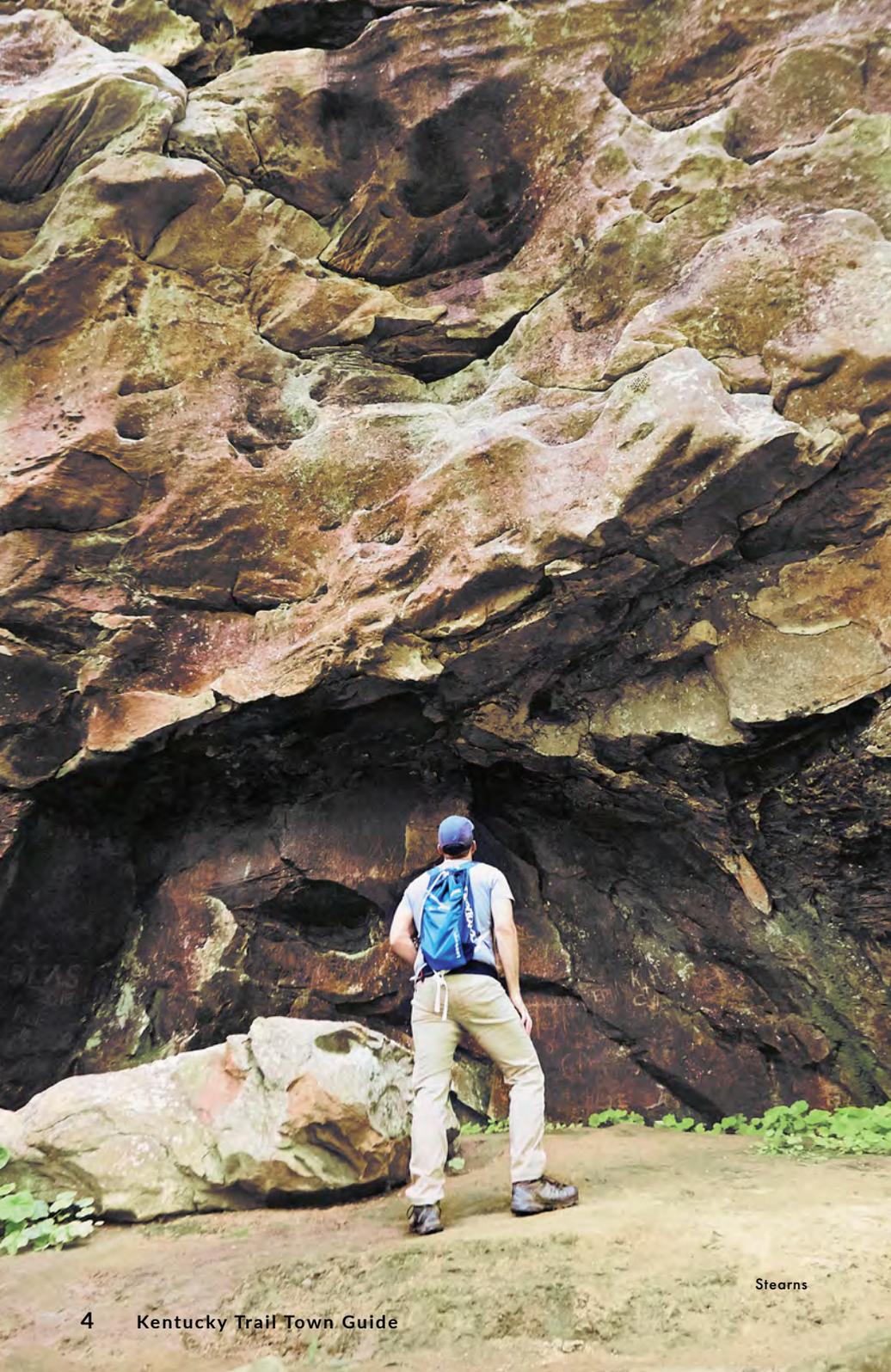
46 Campbellsville

48 Estill Twin Cities

50 Hazard

Explore Kentucky's Trail Towns!

kentuckytourism.com/ky-outdoors/trail-towns



Stearns

KENTUCKY TRAIL TOWNS OVERVIEW

Located in Western Kentucky, **Dawson Springs** was the state's first official Trail Town and is home to scenic trails, a beautiful lake and lots of adventure at Pennyrile Forest State Resort Park. South of Louisville, sister cities **Cave City** and **Horse Cave** are perfect bases to explore the state's vast network of caves.

Not far away, **Munfordville** offers easy access to great paddling trails while visiting Kentucky's own Stonehenge. **Columbia** sits on the banks of Russell Creek – which connects to the Green River and Green River State Park – and neighboring **Campbellsville** offers great fishing on the river. **Jamestown** is widely known as one of the key gateways to Lake Cumberland fun and **Stearns**, famous for its scenic train rides, also sits near Big South Fork National River and Recreation Area.

After spending time in **Berea's** charming downtown, hit the Pinnacle Trail for stunning views. Moving southeast, **London** offers full-on family fun at Levi Jackson State Park and serene **McKee** in the foothills of Daniel Boone National Forest is especially popular for horse riders. **Manchester** offers some of the state's most popular ATV and water trails.

Known as **Harlan Tri-Cities**, the towns of Cumberland, Benham and Lynch combine to deliver attractions like Pine Mountain Scenic Trail and Kingdom Come State Park, both tucked between two mountain ranges. Nearby **Hazard** offers exciting ATV trails and elk tours.

Adventure in Eastern Kentucky means a trip near the Virginia border to **Elkhorn City**, a regional hotspot for rushing whitewater and more in an area known as the "Grand Canyon of the South." The **Estill Twin Cities** of Ravenna and Irvine add scenic views and paddling along the Kentucky River, while **Slade** is home to the striking Natural Bridge in the Red River Gorge and endless adventures as well.

And did we mention how these Trail Towns provide easy access to outdoor fun?

The Dawkins Line Rail Trail cuts right through **Royalton**, Sheltoewe Trace National Recreation Trail passes just outside the town of **Livingston** and through downtown **Morehead**, which is also home to outstanding fishing at Cave Run Lake. A trail in **Olive Hill** takes you directly to Carter Caves State Resort Park.

TRAIL TOWNS

Berea	Elkhorn City	Livingston	Munfordville
Campbellsville	Estill Twin Cities	London	Olive Hill
Cave City/ Horse Cave	Harlan Tri-Cities	Manchester	Royalton
Columbia	Hazard	McKee	Slade
Dawson Springs	Jamestown	Morehead	Stearns

LAKES

1. Kentucky/Barkley
2. Lake Cumberland
3. Green River Lake
4. Laurel River Lake
5. Cave Run Lake
6. Nolin River Lake
7. Barren River Lake

RIVERS

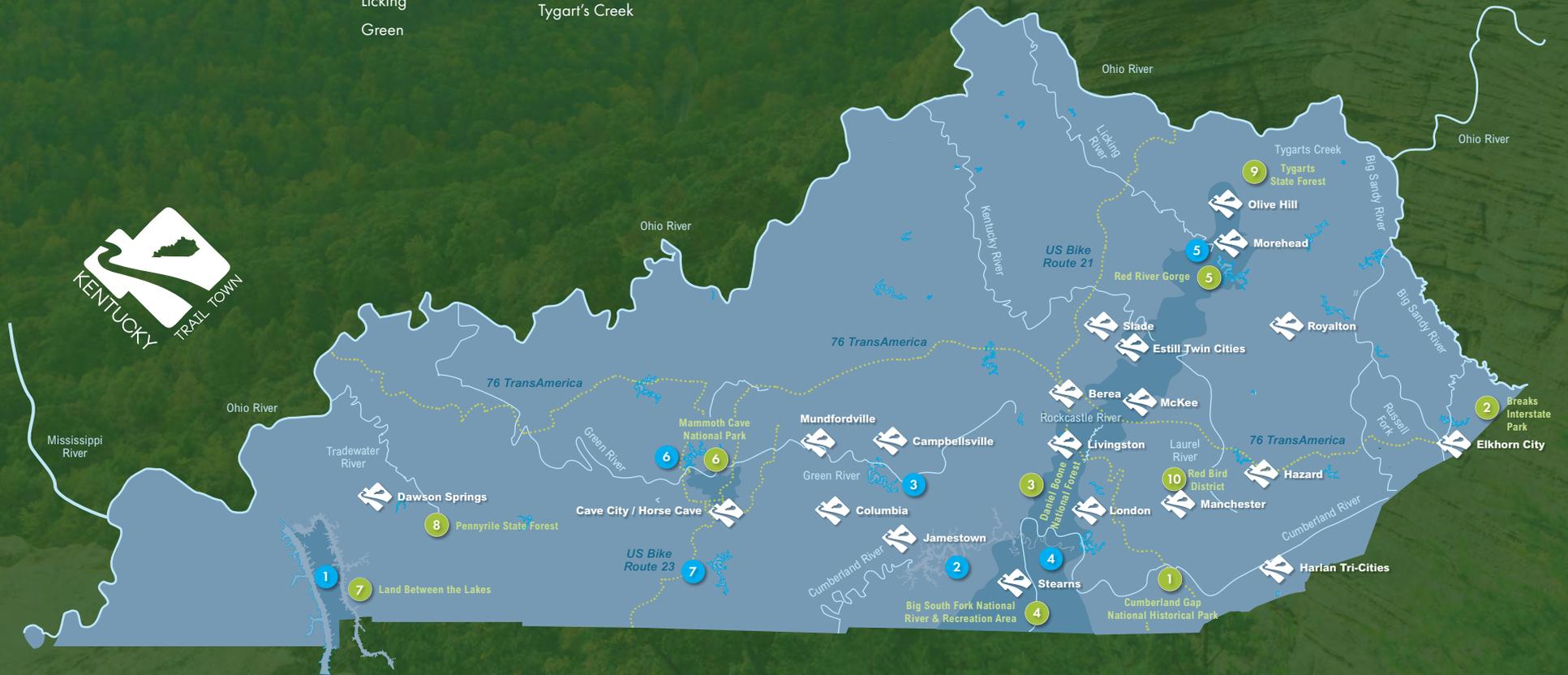
- | | |
|------------------------------|----------------|
| Big Sandy | Cumberland |
| Big South Fork
Cumberland | Rockcastle |
| Kentucky | Russell Fork |
| Licking | Tradewater |
| Green | Tygart's Creek |

PUBLIC LANDS

1. Cumberland Gap National Historical Park
2. Breaks Interstate Park
3. Daniel Boone National Forest
4. Big South Fork National River & Recreation Area
5. Red River Gorge
6. Mammoth Cave National Park
7. Land Between the Lakes
8. Pennyriple State Forest
9. Tygarts State Forest
10. Red Bird District

US BIKE ROUTES

- USBR 76 TransAmerica
- USBR 21
- USBR 23





EXPLORE MORE OF THE OUTDOORS IN KENTUCKY

If you are looking for an escape, Kentucky is the place to play with abundant wilderness and waters to explore, including the world’s longest cave and three of Kentucky’s largest lakes.

Trek through some of the 400 miles of passages at Mammoth Cave, the longest cave system on the planet, then explore the area’s trails, rivers, zip lines and more in and around Mammoth Cave National Park. When your day of play comes to an end, check into the on site lodge, where a variety of cottages and rooms await.

From deep below ground to high above it, the Red River Gorge in southeastern Kentucky is a mecca for rock climbing

and stunning scenery. It’s also home to the spectacular sandstone arch Natural Bridge, countless trails and campsites, high-flying zip lines and off-road adventures. Further southeast, where Kentucky borders Virginia, Black Mountain is the state’s highest peak reaching 4,145 feet. Black Mountain Cabins offers 11 cabins in the shadow of the peak, providing ideal bases for a day or three of exploration.

Cumberland Gap National Park in the Appalachian Mountains was a passageway for Native Americans and westbound American settlers that now preserves the area’s flora, fauna and natural beauty for plenty of fun – and relaxation! Also in the south-central part of the state, Cumberland Falls State Resort Park frames a rushing waterfall in Daniel Boone National Forest with cozy accommodations at its DuPont Lodge with 51 rooms and a riverside observation deck.

Visitors can also trek through countless trails that wind through the state, including Sheltowee Trace National Recreational Trail, the state’s longest, stretching nearly 260 miles through Daniel Boone National Forest.

Kentucky is an angler’s paradise. Land Between the Lakes National Recreation

Area sits between Lake Barkley and Kentucky Lake – two of the largest man-made lakes in the country – whose vast waters offer a combined 3,000 miles of shoreline for fishing, water-skiing, boating, tubing and swimming. Kentucky Lake is lined with properties that lend themselves to lazy weekends on the water. Lakeview Cottages, pitched on the side-channel of Cypress Bay, offer a handful of fully furnished family-sized retreats. Finally, whether you want to do it all or get away from it all, Kentucky State Parks offer adventures aplenty – from shorelines and mountains to caves and trails – with accommodations ranging from rustic to refined. Full-service resorts, cozy cottages and scenic campsites, plus top-rated golf and breathtaking lakes, await in scenic locations around the state.



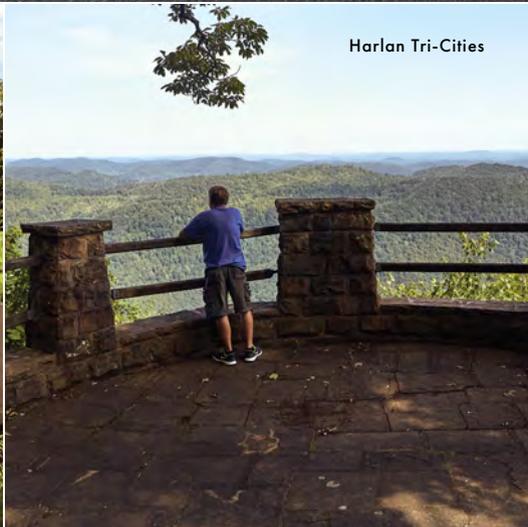
Jamestown

EXPLORE THE TRAIL TOWNS OF

Kentucky



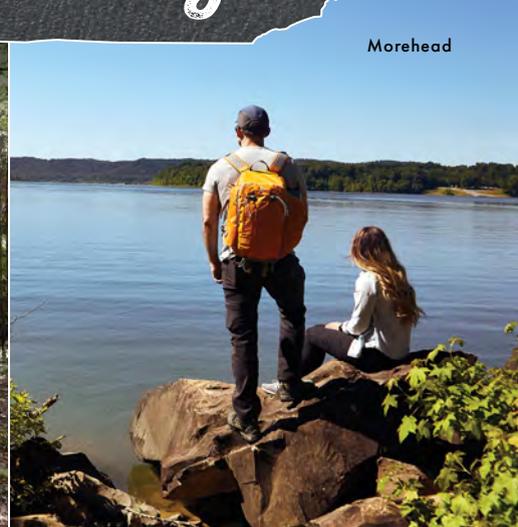
Campbellsville



Harlan Tri-Cities



Cave City / Horse Cave



Morehead



DAWSON SPRINGS

📍 37°10'02.4"N 87°41'34.1"W

The state's first certified Trail Town offers a host of outdoor adventures in the heart of Western Kentucky. **Pennyriple Forest State Resort Park**, the 13-mile **Pennyriple Nature Trial** and **Pennyriple Lake** join **Lake Beshear**, **Tradewater River** and **Jones Keeney Wildlife Management Area** to create plenty of places to play just outside of town. Restaurants, hotels and outfitters in the city provide everything you need to complete your stay.

MORE INFORMATION

Dawson Springs City Hall
270-797-4248
www.dawsonspringsky.com



★ FEATURES

PUBLIC LAND

- Pennyriple Forest State Resort Park
- Pennyriple State Forest
- Tradewater River
- Lake Beshear

HIKE

- Pennyriple Nature Trail
- Jones-Keeney Trail System

BIKE

- Pennyriple State Forest Mountain Bike System (mountain)
- Pennyriple Area Cyclists PAC Challenge Routes (road)

PADDLE

- Tradewater River (class I)
- Lake Beshear (flat)

RIDE

- Pennyriple State Forest Equine Trail System
- West Kentucky ATV Recreation Area

CAMP

- Pennyriple Forest State Resort Park

OUTFITTERS

- Tradewater Canoes & Kayaks

CAN'T MISS!

- Tradewater Pirates Baseball
- Dawson Springs Museum & Art Center
- Ms. Becky's Place
- Trail Town Spirits
- Mule Days, May

📷 DESTINATION HIGHLIGHTS

- Dawson Springs was the first certified Kentucky Trail Town.
- Dawson Springs was built on tourism, as it was once home to popular mineral spring bath houses.





LIVINGSTON

📍 37°17'53.4"N 84°12'53.9"W

The first Trail Town in Eastern Kentucky is nestled in **Rockcastle County** inside **Daniel Boone National Forest**. After enjoying **Sheltowee Trace National Recreation Trail**, **Red Hill Horse Camp**, numerous mountain bike trails, kayaking, fishing, camping and float trips, visitors can explore the historic **Livingston School** or make a short trip to soak up authentic local entertainment at **Renfro Valley Entertainment Center**.

MORE INFORMATION

Livingston Visitor Center
606-453-2710
www.rockcastletourism.com



★ FEATURES

PUBLIC LANDS

- Daniel Boone National Forest
- Rockcastle River

HIKE

- Sheltowee Trace National Recreation Trail
- Daniel Boone National Forest Trail Systems

BIKE

- Sheltowee Trace National Recreation Trail (sections only/mountain)

PADDLE

- Rockcastle River (class I-IV)
- Lake Linville (flat)

CLIMB

- Daniel Boone National Forest Bouldering

RIDE

- Climax Horse Camp
- Just-Kik-N-It Ranch
- Red Hill Horse Camp

CAMP

- Daniel Boone National Forest
- Red Hill Horse Camp
- Rockcastle River Campground

OUTFITTERS

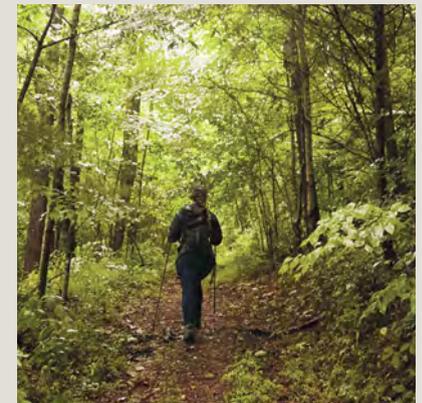
- Climax Horse Camp
- Just Kik-N-It Ranch
- Red Hill Horse Camp
- Rockcastle Outdoor Company

CAN'T MISS!

- Renfro Valley & the Kentucky Music Hall of Fame
- Rockcastle River Trading Company
- Saltpetre Cave Open House, May
- Wildcat Mountain Challenge, July

📷 DESTINATION HIGHLIGHTS

- **The Sheltowee Trace Association** is located within the Livingston Trail Town Visitor Center.
- Renewed purpose was given to the **Livingston School** as it was transformed into the Trail Town Visitor Center after decades of being closed.
- A short drive from the school is **Rockcastle River Trading Company** and the family home of world-renowned garden designer Jon Carlotis.
- Just up the road is **Renfro Valley** and the **Kentucky Music Hall of Fame**. Beginning in 1939, the



"Country Music Capital of Kentucky" has seen some of the biggest acts in the music world play on its stage.



MOREHEAD

38°10'51.6"N 83°26'1.2"W

A true hub for outdoor adventure, **Morehead** offers easy access to many recreational pursuits. Kentucky's longest trail, **Sheltowee Trace**, travels through the heart of downtown. **Cave Run Lake** – known as the "Musky Capital of the South" – sits just outside of town, along with a system of 100 miles of trails popular with mountain bikers and equestrians. Restaurants, shopping and a visit to the **Rowan County Arts Center** will round out your stay.

MORE INFORMATION

Morehead Tourism
606-780-4342
www.moreheadtourism.com



★ FEATURES

PUBLIC LANDS

- Daniel Boone National Forest
- Cave Run Lake

HIKE

- Sheltowee Trace National Recreation Trail
- Eagle Lake Trail
- Cave Run Lake Trail System

BIKE

- Cave Run Lake Trail System (mountain)
- Bike Morehead Routes (road)

PADDLE

- Licking River (class I)
- Cave Run Lake (flat)
- Eagle Lake (flat)

RIDE

- Cave Run Lake Trail System (horse)

CAMP

- Twin Knobs Campground
- Zilpo Campground

OUTFITTERS

- Cave Run Bicycle Shop
- Switchback Cycling and Outdoors
- Morehead Cycle
- The Ole Cornfield
- Log Cabin Kayaks

CAN'T MISS!

- Fuzzy Duck Coffee Shop
- Bakery on Main
- Kentucky Folk Art Centre
- Rowan County Art Center
- Minor E. Clark Fish Hatchery
- Bike Morehead, June
- Poppy Mountain Bluegrass Festival, September

📷 DESTINATION HIGHLIGHTS

- Approximately 30 miles from the northern terminus of the **Sheltowee Trace**, Morehead is a popular stop for thru-hikers or day hikers since the trail travels through the center of town.
- **Cave Run Lake** has earned the moniker of "Musky Capital of the South," but fishing is good for several species.
- Morehead has a rich cultural scene, anchored by the **Kentucky Folk Art Center** and **Rowan County Art Center**.
- For a behind-the-scenes look at what it takes to keep Kentucky's fisheries thriving, stop by the



Minor E. Clark Fish Hatchery, operated by the Kentucky Department of Fish and Wildlife Resources and located near Cave Run Lake.



OLIVE HILL

📍 38°18'00.3"N 83°10'29.7"W

Overflowing with small-town charm, **Olive Hill** offers big opportunities to explore Kentucky's great outdoors. Flowing right through downtown, **Tygart Creek** carves a natural gorge on both sides of the city, while **Carter Caves State Resort Park**, one of Kentucky's oldest, offers 30 miles of hiking trails over its 1,800 acres. Full of rich history, the town is today known for music, community events and its historic depot offering a glimpse of the past.

MORE INFORMATION

Carter County Tourism
606-474-5366
www.cartercountytourism.com



★ FEATURES

PUBLIC LANDS

- Carter Caves State Resort Park
- Tygarts State Forest
- Tygarts Creek

HIKE

- Carter Caves State Resort Park Trail System

BIKE

- Olive Hill Cycling Routes (road)

PADDLE

- Tygarts Creek (class I-II)
- Smoky Valley Lake at Carter Caves State Resort Park (flat)

CLIMB

- Carter Caves State Resort Park

RIDE

- Olive Hill Trail System (horse)
- Smokey Valley Farm

CAMP

- Olive Hill Depot Trail Head
- Carter Caves State Resort Park

OUTFITTERS

- Smokey Valley Farm
- Grigsby Outdoor Adventures

CAN'T MISS!

- Walker's Family Restaurant
- Tyler's Pizza
- Olive Hill Center for Arts & Education
- Fraley Festival of Traditional Music, September

📷 DESTINATION HIGHLIGHTS

- Olive Hill is home to country music legend **Tom T. Hall**.
- **Carter Caves** is the only Kentucky State Park where visitors can rock climb and rappel within the park.





LONDON

📍 37°08'55.4"N 84°06'48.3"W

Sitting between the Trail Towns of **Livingston** and **Stearns**, **London** makes a name for itself thanks to top-notch cycling routes drawing thousands each year for the nationally recognized **Redbud Ride**. This is also the home of **Levi Jackson Wilderness Road Park**, a trio of waterways (**Rockcastle River**, **Laurel River** and **Laurel River Lake**), **Wildcat ATV park**, and popular hunting and fishing spots. The town's vibrant farmers market serves as one of its trail heads.

MORE INFORMATION

Laurel County Tourism
800-348-0095
www.visitlondonky.com



★ FEATURES

PUBLIC LANDS

- Daniel Boone National Forest
- Levi Jackson Wilderness Road Park
- Laurel River Lake

HIKE

- Sheltowee Trace National Recreation Trail
- Daniel Boone National Forest Trail System
- Levi Jackson Trail System

BIKE

- Laurel River Lake Trails (mountain)
- London Laurel County Cycling Routes (road)
- U.S. Bike Route 21

PADDLE

- Rockcastle River (class I-IV)
- Laurel River below Dam (class III-IV)
- Laurel River Lake (flat)
- Wood Creek Lake (flat)

RIDE

- Wildcat Adventure Off-Road Park

CAMP

- Daniel Boone National Forest
- Laurel River Lake campgrounds
- Levi Jackson Wilderness Road Park

CAN'T MISS!

- Treetop Adventures at Levi Jackson Wilderness Road Park
- Camp Wildcat Civil War Battlefield & Reenactment
- Redbud Ride, April

📷 DESTINATION HIGHLIGHTS

- London is the self-proclaimed "Cycling Capital of Kentucky."
- The **Redbud Ride** was named "Century Ride of the Year" by Active.com.
- Fishing in **Laurel River Lake** is excellent for both small mouth bass and walleye, plus it is also becoming a popular spot for stand-up paddle boarding.





STEARNS

📍 36°41'56.5"N 84°28'37.8"W

With abundant history and recreation, **Stearns** is a great place to learn and play. The town provides easy access to countless outdoor opportunities in **Big South Fork National River & Recreation Area**, **Daniel Boone National Forest** and **Shelton Trace National Recreation Trail**. The historic **Stearns Depot** serves as the town's trail head, where you can hop on **Stearns Historic Railway** for an exciting excursion through the past in **Big South Fork**.

MORE INFORMATION

McCreary County Tourism
606-376-3008
www.mccrearytourism.com



★ FEATURES

PUBLIC LANDS

- Big South Fork National River & Recreation Area
- Daniel Boone National Forest
- Cumberland Falls State Resort Park
- Big South Fork of Cumberland River

HIKE

- Shelton Trace National Recreational Trail
- Big South Fork Trail System
- Daniel Boone National Forest Trail System

BIKE

- Big South Fork Trail System (mountain)
- Daniel Boone National Forest Trail System (mountain)

PADDLE

- Big South Fork Cumberland River (Class I-IV)

CLIMB

- Big South Fork National River & Recreation Area

RIDE

- Barren Fork Horse Camp
- Bell Farm Horse Camp
- Bear Creek Horse Camp

CAMP

- Big South Fork National River & Recreation Area
- Daniel Boone National Forest

OUTFITTERS

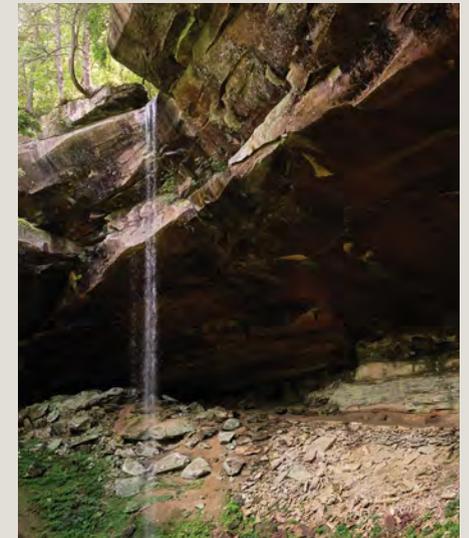
- Shelton Trace Outfitters

CAN'T MISS

- Stearns Depot
- Big South Fork Scenic Railway
- Blue Heron Historic Mining Camp
- Big South Fork Outdoors
- The Dairy Bar
- No Business 100 Trail Race, October
- Run Yamacraw, April

📷 DESTINATION HIGHLIGHTS

- The **Run Yamacraw** and **No Business 100 trail races** are the fastest-growing trail races in Kentucky, drawing racers from around the world.
- The historic **Stearns Depot** and **Big South Fork Scenic Railway** provide a truly unique journey into the heart of the **Big South Fork**, terminating at **Blue Heron Mining Camp**. It is a seven-mile journey taking about an hour, with special themed trips throughout the year – most notably at Halloween.





ELKHORN CITY

📍 37°18'14.4"N 82°21'05.8"W

The 16-mile section of Kentucky's **Russell Fork River** between Haysi, Virginia, and **Elkhorn City**, Kentucky, is known as the place to go for the area's best whitewater and is home to one of the country's classic creek runs. While the upper section runs between class II-IV, an October dam release pumps up the fun to class V rapids in the stunning 1,600-foot **Breaks Gorge** section, also known as the "Grand Canyon of the South."

MORE INFORMATION

Pike County Tourism
606-432-5063
www.tourpikecounty.com



★ FEATURES

PUBLIC LANDS

- Breaks Interstate Park
- Russell Fork Big Sandy River

HIKE

- Pine Mountain State Scenic Trail
- Breaks Interstate Park Trail System

BIKE

- Breaks Interstate Park Trail System (mountain)
- Transamerica U.S. Bike Route 76 (road)

PADDLE

- Russell Fork Big Sandy River (class II-V+)

CLIMB

- Breaks Interstate Park



OUTFITTERS

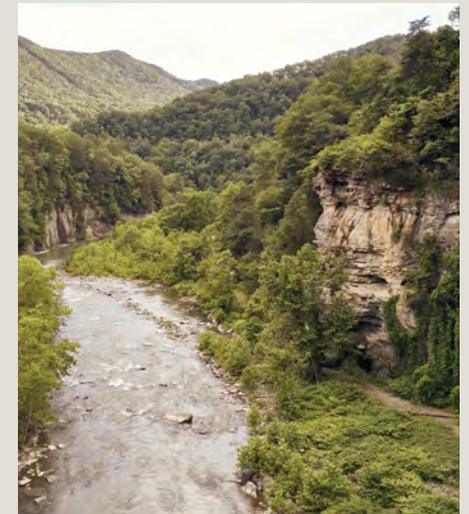
- Kentucky Whitewater

CAN'T MISS!

- Zip Lining and Elk Tours at Breaks Interstate Park
- Time Out Pizza & Grill
- Artist Collaborative Theatre
- 361 Adventures Breakdown Adventure Race, April

📷 DESTINATION HIGHLIGHTS

- Every October, whitewater paddlers flock to Elkhorn City and Breaks Interstate Park to float the **Russell Fork** for annual whitewater releases.
- Split between the commonwealths of Virginia and Kentucky, **Breaks Interstate Park** is one of only two Interstate Parks in the nation.
- Elkhorn City is home to country music star **Patty Loveless**.





JAMESTOWN

📍 36°59'03.8"N 85°03'46.2"W

Jamestown's claim to fame may be **Lake Cumberland** – known as the “Houseboat Capital of the World” – and at 101 miles long, it is one of the largest man-made lakes in the nation. But the town also offers easy access to premier trout fishing on the **Cumberland River**, great flat water canoeing and kayaking from the dam to **Winfrey's Ferry**, and an abundance of marinas, lakeside accommodations, boat rentals, extensive trails and more.

MORE INFORMATION

Lake Cumberland
Tourist Commission
270-866-4333
www.lakecumberlandvacation.com



★ FEATURES

PUBLIC LANDS

- Lake Cumberland State Resort Park
- Lake Cumberland

HIKE

- Lake Cumberland State Resort Park Trail System

PADDLE

- Cumberland River (class I)
- Lake Cumberland (flat)

BIKE

- Lake Cumberland Area Cycling Routes (road)

CAMP

- Lake Cumberland State Resort Park
- Kendall Campground

OUTFITTERS

- Captain Jake's on the River
- Kentucky Pedal and Paddle
- The State Dock
- Wolf Creek Marina
- Jamestown Marina

CAN'T MISS!

- Wolf Creek National Fish Hatchery & Hatchery Creek
- Wolf Creek Dam
- Creelsboro Historic Country Store & Restaurant
- World's Largest Raft Up, August

📷 DESTINATION HIGHLIGHTS

- **Lake Cumberland** is the “Houseboat Capital of the World.”
- **Lake Cumberland** is known for world-class striped bass fishing, with numerous fishing guides available.
- Hatchery Creek at **Wolf Creek Dam** is a haven for fishing trout.





MANCHESTER

📍 37°08'44.8"N 83°45'39.5"W

Home to historic swinging bridges and top-notch canoeing, **Manchester** also boasts 30-plus miles of mild whitewater along **Goose Creek River**, relaxing floats on the **South Fork of the Kentucky River** and some of the best muskie fishing in the state. The area is also home to **Daniel Boone National Forest** and **Redbird Crest** ATV and hiking trails. After your day of play, explore the town's Appalachian heritage at the restored **Salt Works Pioneer Village**.

MORE INFORMATION

Stay in Clay
606-391-6161
www.claycountykentucky.org



★ FEATURES

PUBLIC LAND

- Daniel Boone National Forest Redbird District
- Y-Hollow
- Goose Creek

HIKE

- Daniel Boone National Forest Trail System

PADDLE

- Goose Creek River (class I)
- Redbird River (class I)
- South Fork River (class I)

RIDE

- Daniel Boone National Forest Redbird Crest Trails (ATV)
- Y-Hollow Trail System (ATV)

CAMP

- Daniel Boone National Forest Redbird District
- Bert T. Combs Park

CAN'T MISS!

- Clay County Swinging Bridges
- Historic Salt Works
- Redbird River Petroglyphs
- Farmers Market



📷 DESTINATION HIGHLIGHTS

- Fishing in local creeks and rivers is excellent for small mouth and the elusive muskie.
- Manchester and **Clay County** are home to numerous historical feuds.





HARLAN TRI-CITIES

36°58'21.1"N 82°58'19.9"W

The historic mining communities of **Cumberland**, **Benham** and **Lynch** combine to offer a cornucopia of outdoor fun. Enjoy beautiful mountains, scenic overlooks, nature trails and wildlife at attractions like **Kingdom Come State Park**, or along the **Little Shepherd** or **Pine Mountain State Scenic Trails**. Bike trails are popular here, including the **Summit Bike Trail** that takes you to the top of **Black Mountain**, the state's highest point.

MORE INFORMATION

Cumberland Tourism
606-589-5812
www.harlancountytrails.com



★ FEATURES

PUBLIC LANDS

- Kingdom Come State Park

HIKE

- Pine Mountain State Scenic Trail
- Kingdom Come State Park Trail System
- Looney Creek Trail

BIKE

- Black Mountain Madness Routes (road)

RIDE

- The Stables at Creekside Glen (horse)

CAMP

- Kingdom Come State Park

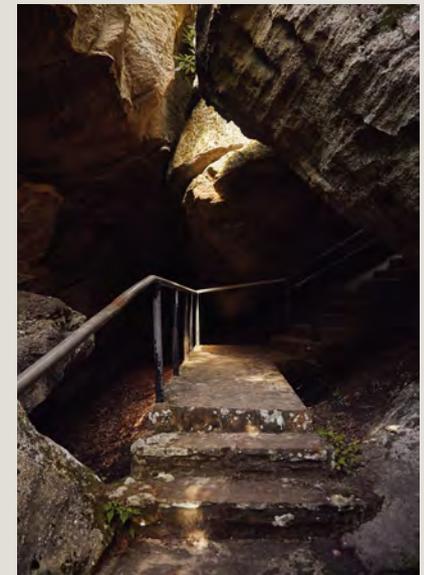


CAN'T MISS!

- Portal 31 Mine Tours
- Benham School House Inn
- Kentucky Coal Mining Museum
- Lamp House Coffee
- Hoagie Shop
- Black Mountain Madness Ride to the Summit, July
- Farmers Market

📷 DESTINATION HIGHLIGHTS

- **Black Mountain** is the tallest peak in Kentucky at 4,145 feet.
- The 1903 novel by John Fox Jr. titled "The Little Shepherd of Kingdom Come" is set in this area.
- **Cumberland**, **Lynch** and **Benham** were once "company towns" built by companies such as U.S. Steel (Lynch) and International Harvester (Benham).
- The **Benham School House Inn** was built in 1926 as a K-12 school and attracted some of the best teachers of the time, due to high salaries supplemented by International Harvester.





BEREA

📍 37°34'17.8"N 84°17'19.7"W

Most know **Berea** at the “Folk Arts and Crafts Capital of Kentucky” – and the arts scene is internationally known here – but just as popular is the city’s location near tons of outdoor fun. You’ll be close to **Berea College Forest**, where you can spend a few days discovering peaceful natural surroundings. Lodging options include **Historic Boone Tavern Hotel and Restaurant**, one-of-a-kind cottages and B&Bs, as well as eclectic dining.

MORE INFORMATION

Berea Tourism
859-986-2540
www.visitberea.com



★ FEATURES

PUBLIC LANDS

- Berea College Forest

HIKE

- Pinnacle Trails at Berea College Forest (Indian Mountain Fort Trails)
- Anglin Falls John B. Stephenson Trail

BIKE

- TransAmerica U.S. Bike Route 76 (road)
- U.S. Bike Route 21

PADDLE

- Owsley Fork Reservoir (flat)

CAMP

- HomeGrown HideAways

OUTFITTERS

- Boone Gap Outfitters



CAN'T MISS!

- Boone Trace and Boone Gap
- Historic Boone Tavern
- Kentucky Artisan Center
- Artisan Village
- Berea Geocaching Trail
- Berea Craft Festival, October

📷 DESTINATION HIGHLIGHTS



- **Boone Gap** on the Madison and Rockcastle county lines is a centerpiece of **Boone Trace**, and the location where Daniel Boone himself once stood and surveyed the Kentucky Bluegrass Region for the first time.
- **Berea Craft Festival** is one of the most popular arts and craft shows in Kentucky.
- The **Kentucky Artisan Center** at Berea serves as both a popular rest area on Interstate 75, as well as a marketplace offering an extensive collection of Kentucky-made goods.



COLUMBIA

📍 37°06'09.5"N 85°18'21.2"W

Located in scenic southern Kentucky along the banks of **Russell Creek**, **Columbia** gets its beauty and outdoor appeal from **Green River Lake**, a paradise for fisherman, paddlers and boaters offering 25 miles of scenic waterways to explore. The lake's **Holmes Bend Marina** hosts the **Annual USA Crappie Tournament** each year. Rich in history, local artisans and rolling countryside, the area is a popular place for biking as well.

MORE INFORMATION

Columbia-Adair County Tourism
270-384-6020
www.tourismcolumbiaky.com



★ FEATURES

PUBLIC LAND

- Green River Lake State Park
- Russell Creek

HIKE

- Green River Lake State Park Trail System

BIKE

- Green River Lake State Park Trail System (mountain)

PADDLE

- Russell Creek (class I)
- Green River (class I)

CAMP

- Green River Lake State Park



OUTFITTERS

- Longhunter Outfitters

CAN'T MISS!

- Farmers Market on the Square
- Lindsey Wilson College

📷 DESTINATION HIGHLIGHTS

- Local **Lindsey Wilson College** fields one of the country's best cycling teams and regularly competes for national championships.





ROYALTON

📍 37°40'50.1"N 83°01'53.7"W

The rural community of **Royalton** features Kentucky's longest Rails to Trails Project, the **Dawkins Line Rail Trail**, cutting right through the center of town. It's popular among hikers, bikers and equestrians, and a bike store right next to the trail head offers rentals, gear, shuttle service and everything you need to hit the trail. For added convenience, a local restaurant, gas station and retail store are located at the trail head as well.

MORE INFORMATION

Royalton Trail Town
www.royaltontrailtown.org



★ FEATURES

PUBLIC LAND

- Dawkins Line Rail Trail

HIKE

- Dawkins Line Rail Trail

BIKE

- Dawkins Line Rail Trail

RIDE

- Dawkins Line Rail Trail (horse)

OUTFITTERS

- Royalton Cycle Center

CAN'T MISS!

- Horner's Nest Pizza & Grill
- Honeysuckle & Horse Patty Half Marathon
- The Cheesecake Lady



📷 DESTINATION HIGHLIGHTS

- Royalton is the halfway point of Kentucky's Longest Rail to Trail Project, the **Dawkins Line**.
- Royalton was built as a company town for Dawkins Lumber Company in 1920.





SLADE

 37°47'43.9"N 83°42'19.0"W

This gateway to the world-renowned **Red River Gorge** gets you to some of the best rock climbing in the world, where thousands of outdoor enthusiasts each year come to climb the area's walls, hike its trails, view its landscapes and take in its natural beauty.

Slade is also home to one of the most popular state parks in Kentucky, **Natural Bridge State Resort Park**, where you can ride the sky lift or hike up to its namesake sandstone arch.

MORE INFORMATION

Powell County Tourist Commission
606-663-1161
www.gopoco.org



FEATURES

PUBLIC LANDS

- Daniel Boone National Forest, Red River Gorge
- Natural Bridge State Resort Park

HIKE

- Shelton Trace National Recreational Trail
- Daniel Boone National Forest Trail System
- Natural Bridge State Resort Park Trail System

PADDLE

- Red River (class I-II)
- Mill Creek Lake (flat)

BIKE

- Red River Rally Routes (road)

CLIMB

- Red River Gorge
- Red River Gorge Climbers Coalition Properties

CAMP

- Koomer Ridge
- Natural Bridge State Resort Park
- Red River Gorge Campground
- Miguel's Pizza

OUTFITTERS

- Fox Mountain Guides
- Kentucky Rock and Adventure Guides
- Red River Outdoors
- Torrent Falls Climbing Adventures

CAN'T MISS!

- Miguel's Pizza
- Red River Rockhouse
- Sky Bridge Station
- Rocktoberfest, October

DESTINATION HIGHLIGHTS

- Slade and the **Red River Gorge** are the epicenter of rock climbing in Kentucky.
- **Natural Bridge State Resort Park's** namesake natural bridge is 78 feet long and 65 feet high.
- **Miguel's Pizza** is a mecca for climbers visiting the area and has become as famous as the sandstone cliffs itself.





McKEE

📍 37°25'47.9"N 83°59'16.3"W

Nestled in the hills of the middle part of **Daniel Boone National Forest**, McKee is home to numerous outdoor adventures. **Sheltowee Trace National Recreation Trail** passes just outside of town and horse lovers giddy-up to **Triple R Ranch**, run by local cowboys who offer guided rides and diverse camp experiences. The **TransAmerica Trail** travels right through downtown, where several lodging and dining options await.

MORE INFORMATION

Jackson County Tourism
606-287-4712
www.visitjacksoncountyky.org



★ FEATURES

PUBLIC LANDS

- Daniel Boone National Forest

HIKE

- Sheltowee Trace National Recreation Trail
- Flat Lick Falls Trail

BIKE

- TransAmerica U.S. Bike Route 76 (road)

RIDE

- Triple R Ranch (horse)
- S-Tree (ATV)
- Turkey Foot (ATV)

CAMP

- Daniel Boone National Forest
- S-Tree
- Turkey Foot
- Sheltowee Trace Rentals

OUTFITTERS

- Triple R Ranch

CAN'T MISS!

- Opal's Restaurant & Pies
- Warrior's Path Historic Trail
- Flat Lick Falls Waterfall
- Sheltowee Trace Artisans Fair, May

📷 DESTINATION HIGHLIGHTS

- McKee is home to the **Battle of Big Hill** Civil War reenactment.
- The historic **Warriors Path** travels through McKee.





MUNFORDVILLE

 37°16'16.0"N 85°53'23.0"W

With its location right on the banks of **Green River**, how could Munfordville not be one of the most popular paddling towns in Kentucky? The majestic river flows downstream from town through the heart of **Mammoth Cave National Park**, while upstream takes paddlers and explorers past waterfalls. Boat rentals are available from local outfitters, and the **Green River Park & Arboretum** is home to beautifully constructed hiking trails.

MORE INFORMATION

Munfordville Tourism
270-524-4752
www.visitmunfordville.com



FEATURES

PUBLIC LANDS

- Green River
- Green River Park & Arboretum

HIKE

- Jenny Wilson Byrd Memorial Trail

BIKE

- U.S. Bike Route 23 (Road)

PADDLE

- Green River

CAMP

- Green River Park & Arboretum

OUTFITTERS

- Big Buffalo Crossing Canoe & Kayak



CAN'T MISS!

- 300 Springs Waterfall
- Kentucky Stonehenge
- Big Buffalo Crossing BBQ Cook Off, October
- Hart County Civil War Days, September



DESTINATION HIGHLIGHTS

- The **Big Buffalo BBQ Cook Off** has become one of the premier BBQ competitions in Kentucky.
- **Kentucky Stonehenge** was constructed by Munfordville native Chester Fryer and also includes rock gardens and traditional gardens.



CAVE CITY/HORSE CAVE

 37°08'28.5"N 85°58'00.4"W

The town of **Horse Cave** is centered over **Hidden River Cave**, whose entrance – and largest natural opening – is located right on Main Street. You can take a mild or wild cave tour, check out the world’s longest underground suspension bridge, zip line across the mouth of the cave or rappel down its limestone face. Nearby **Cave City** is the gateway to **Mammoth Cave National Park** and a host of outdoor adventures as well.

MORE INFORMATION

Horse Cave/Hart County Tourism
270-218-0386
www.kygetaway.com



★ FEATURES

PUBLIC LANDS

- Mammoth Cave National Park
- Green River

HIKE

- Mammoth Cave Trail System

BIKE

- Brier Creek Trail System (mountain)
- Mammoth Cave Trail System (mountain)
- U.S. Bike Route 23 (road)
- Cave Country Pedal Routes (road)

PADDLE

- Green River

CLIMB

- Hidden River Cave Zipline & Rappel

RIDE

- Mammoth Cave Trail System (horse)

CAMP

- Mammoth Cave National Park
- Jellystone Park Yogi Bear’s Camping Retreat
- Jesse James Cabins & Campground

OUTFITTERS

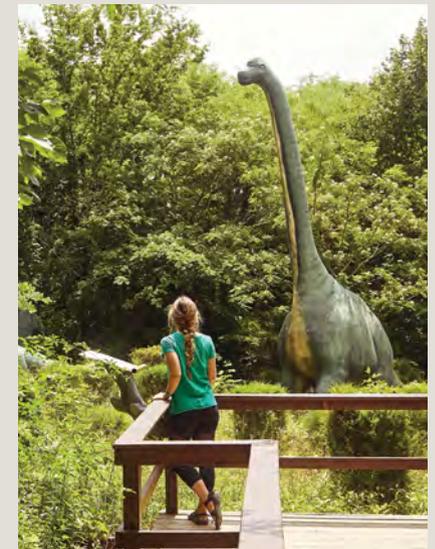
- Cave Country Canoe
- Green River Canoeing
- Mammoth Cave Canoe & Kayak
- Double J Stables & Riding Camp
- Jesse James Riding Stables
- Mammoth Cave Horse Camp
- Mammoth Cave Adventures

CAN'T MISS!

- Kentucky Down Under Adventure Zoo
- Dinosaur World
- Turtlelini’s Pizza
- Bucky B’s BBQ
- Dennison’s Roadhouse Market
- Mammoth-On, September
- Jammin on the Porch, every Thursday

DESTINATION HIGHLIGHTS

- This is the epicenter of Kentucky’s cave region – anchored by **Mammoth Cave** – but explorers can also visit **Hidden River Cave**, **Cub Run Cave**, **Diamond Caverns**, **Crystal Onyx Cave** and **Lost River Cave**.
- Visitors to **Kentucky Down Under** will find unique animals like kangaroos, lorries and emus.





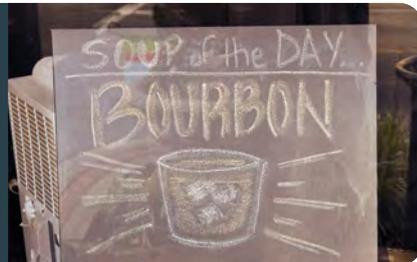
CAMPBELLSVILLE

📍 37°20'28.9"N 85°20'36.5"W

Nestled in the heart of Kentucky, **Campbellsville** is an oasis for outdoor adventure. Explore **Green River Lake State Park's** 8,210 acres, plus lakeside campgrounds and Kentucky's only floating cabins. **Green River Lake** is a popular destination for fishing, boating and water skiing, or explore the local terrain by hiking, mountain biking, even horseback riding. The town is also rich in Civil War history, with attractions offering a look at that past.

MORE INFORMATION

Taylor County-Campbellsville
Tourist Commission
270-465-3786
www.campbellsvilleky.com



★ FEATURES

PUBLIC LANDS

- Green River Lake State Park
- Green River Lake
- Green River

HIKE

- Green River Lake Trail System
- Trace Pitman Greenway

BIKE

- Green River Lake State Park Trail System (mountain)

PADDLE

- Green River (class I)
- Green River Lake (flat)

RIDE

- Green River Lake Trail System (horse)
- Green River Stables (horse)



CAMP

- Green River Lake State Park

OUTFITTERS

- The Spoke Easy (bike)
- Longhunter Outfitters (paddle)
- Green River Stables (horse)

CAN'T MISS!

- Harden Coffee
- Brothers BBQ
- Druther's Restaurant
- Tebb's Bend Battlefield
- Oak & Axe Southern Art Gallery

📷 DESTINATION HIGHLIGHTS

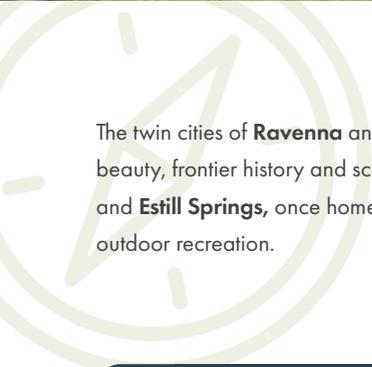
- Fishing in **Green River Lake** is very popular, particularly for crappie, and a number of fishing guides operate throughout the year.
- Campbellsville is home to the last remaining **Druther's** restaurant.
- Campbellsville's vibrant downtown offers a variety of charming shops, restaurants and several buildings on the National Register of Historic Places.





ESTILL TWIN CITIES

📍 37°41'04.7"N 83°57'12.6"W



The twin cities of **Ravenna** and **Irvine** team up to offer a winning mix of natural beauty, frontier history and scenic views of **Red Lick Valley**, **Sweet Lick Knob** and **Estill Springs**, once home to Shawnee Indians and now home to great outdoor recreation.

MORE INFORMATION

Estill Action Group
www.estillactiongroup.com



★ FEATURES

PUBLIC LANDS

- Kentucky River

HIKE

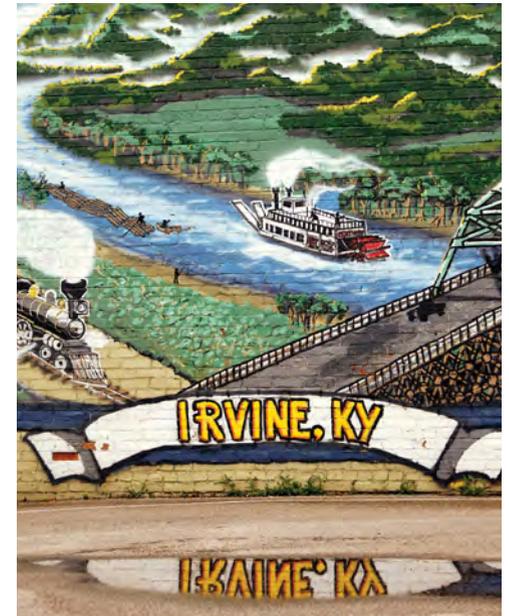
- Fitchburg Furnace Trail
- Lily Mountain Nature Preserve

PADDLE

- Kentucky River (flat-class I)

CAN'T MISS!

- Historic Steam Engine C&O 2716 at Rail Heritage Center
- Steam Engine Pizza Pub
- Mountain Mushroom Festival, April



📷 DESTINATION HIGHLIGHTS

- Irvine sits along the **Kentucky River** at Station Camp Creek.
- Then known simply as "**The Village**," Ravenna was once a popular stop on the Louisville & Nashville Railroad.





HAZARD



37°16'43.9"N 83°12'29.0"W

In the heart of the **Appalachian coalfields** of Eastern Kentucky, **Hazard** offers a pleasing mix of natural landscapes, rugged beauty and adventure. A variety of trails are available for walking, hiking, biking or horseback riding, and this is a sought-after destination for ATVs and dirt bikes. When you're ready to rest after all that play, take a quilt tour, enjoy specialty shopping, browse arts and crafts – or just relax by a peaceful lake or stream.

MORE INFORMATION

Perry County Hazard Tourism
606-487-1580
www.hazardperrytourism.com



FEATURES

PUBLIC LANDS

- Buckhorn Lake State Resort Park
- Perry Park
- North Fork Kentucky River

HIKE

- Buckhorn Lake Trail System
- Perry Park Trails

BIKE

- TransAmerica U.S. Bike Route 76 (road)

PADDLE

- North Fork Kentucky River (class I-II)
- Buckhorn Lake (flat)

RIDE

- Perry County ATV Trails



CAMP

- Buckhorn Lake State Resort Park
- Eagle's Landing Campground

CAN'T MISS!

- Elk Tours at Buckhorn Lake State Resort Park
- Jabo's Coal River Grille
- Big Blue Smokehouse
- Perry County Farmers Market
- Mother Goose House



DESTINATION HIGHLIGHTS

- Hazard is in the heart of the **Elk Restoration Zone**, so opportunities to experience Elk are numerous.
- One of Kentucky's most remote state parks, **Buckhorn Lake State Resort Park** sits at the site of the lost community of Bowlingtown.



